



THE MISSING PIECE



SOMATIC INTERVENTION

Training with Ricki Bernstein

The Missing Piece: The Body in the Therapy Room

- July 7-11, 2024 Sunday-Thursday
10am-4pm EST, 5pm-11pm IST (on Zoom)
- Tuition: 3000 NIS
GHI members: 2700 NIS / Conference attendees: 2550 NIS
- 26 CE credits available

For more details: rickibernstein@gmail.com

Do you get the sense that words can only take you so far?

Are you looking to harness the latest neuroscience to your therapeutic choices in the here and now?

Ricki cuts through the jargon, using a simple but profound approach to help you hear and heal the person that you're sitting with.

You will acquire the skills to notice, track, and attune to the physical body in the therapy room, giving voice to what it has to say.

Creating strength and safety in your presence, you'll be able to tame big emotions and gently work through stress and trauma.

The Missing Piece is the bedrock of the SI core curriculum. It covers the fundamental principles of somatic psychotherapy, with a particular emphasis on expanding the window of tolerance and identifying what exactly needs to be healed. Each class includes a live or taped demonstration session, bringing the learning to life. You'll meet your own nervous system in the experiential practice exercises, revealing the power of using Somatic Intervention in your work-- and your life.